



**g r o u n d s w e l l**

*d e s i g n & h e a l t h p r o m o t i o n*

**h e a l t h y o u t i n g s**

Groundswell health promotion provides healthy outings for:

*Aged care services & families with the focus on promoting health & activity.*

*Outings are facilitated by fully qualified and experienced professionals.*

**Call: (03) 52631190 Visit: [www.groundswelldesign.com.au](http://www.groundswelldesign.com.au)**